RedCheeks

REDCHEEKS ACADEMY

INTIMACY ON SCREEN

A five-week online workshop on consent, boundaries and communication, for anyone who works with intimacy.

FORMAT
Five weeks, online, in a small cohort

LIVE CALLS
Tuesdays and Thursdays, 6–8 PM CET

TIME
About six hours a week, four of them in live calls

WHO IT'S FOR

This workshop is for anyone who works with intimacy: on film and stage sets, from staged intimacy to real sex scenes and the blurry line in between, and in any work where intimacy is part of the job.

Whether you're new to working with intimate content or already have years of experience, this is a space to broaden your knowledge, sharpen your practice, and learn from others working in the field.

TEN MODULES IN FIVE WEEKS

WORKSHOP OUTLINE

WEEK 1

01 ETHICS
Ethical decision-making in intimate scene production, with frameworks like consequentialism and deontology. You build your own ethical toolbox for the dilemmas you'll meet.

02 HISTORY
How sexual images have changed, from Paleolithic Venus figures to modern ideas of pornography: shifting social views, the art-versus-obscenity debate, and what shapes how we see sexual imagery.

WEEK 2

03 FOUNDATION
The needs, obstacles and goals of the people you work with, and how ethical production creates value for them.

04 COMMUNICATION
Communication built on empathy, clarity and respect for autonomy. You practice open-ended questions, active listening and reflective listening.

WEEK 3

05 IDENTITY
A professional identity built on your own values: who you are in this work, and how you show it.

06 INTIMACY
Consent and boundaries in production: clear, informed agreement, and the common misconceptions about it.

WEEK 4

07 SAFETY
Psychological and physical safety in intimate scene production, and how to balance the two.

08 DOCUMENTATION
Contracts, STI testing and record keeping: the paperwork that protects everyone on set.

WEEK 5

09 MARKETING
Promoting your work ethically: creating value for clients and building real relationships, without aggressive sales tactics.

10 SENDING IT
The close of the workshop: what you've learned about ethics, communication and business, and your own next steps.

HOW IT WORKS

LEARNING BY PRACTICE

The core of this workshop is practice. It is deliberately light on content: every module is a short audio lesson followed by an assignment, and you give and receive feedback with your cohort.

Two live calls a week are where you practice together: role play with real scenarios, questions, and feedback in a safe space.

Three times during the five weeks, a live guest lecture with someone from the industry or a RedCheeks alum. Each talk goes deeper into one of the topics and ends with questions.

In the Masterclass, you also get the recordings of the guest talks.

AUDIO LESSONS

Two short modules a week, on your own time.

ASSIGNMENTS

Writing and reflection after every module, with peer feedback.

LIVE CALLS

Tuesdays and Thursdays, 6–8 PM CET: group work and guest lectures.

It's not about perfection. It's about being brave and taking *baby steps* from where you are now toward where you want to be.

Izzy

CERTIFICATE OF COMPLETION

Complete at least 90% of the work and you receive a certificate of completion and become a RedCheeks Academy alum.

COME BACK FOR FREE

Your experience doesn't end with one workshop. Alumni are welcome in every future cohort at no extra cost.

PAYING

Pay in full, or in three or five monthly installments. Many employers cover professional development. If yours needs anything from us, write to academy@redcheeks.org.

DATES AND PRICES

The next cohorts, deadlines and tuition are always up to date on the RedCheeks website.

GUEST TALKS

SOME OF THE GUESTS

Jessica Stoya
Performer, sex coach, author and RedCheeks alum

Jen Viens
Intimacy coordinator, actress, filmmaker and coach. RedCheeks alum

Vincent Hartong
Psychologist focused on addiction and trauma treatment

Lilly Sparks
Producer and founder of the adult and educational site afterglow

Athena Gayle
The Sex Copywriter

Yasmeena
Performer, actress and photographer

Dr. David J. Ley
Clinical psychologist, therapist and bestselling author

Kimberly Anne
Intimacy coordinator, producer and sexological bodywork practitioner

Nicolò Grasso
Independent filmmaker and editor, Italy. RedCheeks alum

Maria Riot
Performer and artist based in Spain. RedCheeks alum

Hanne Stegeman
Researcher on online platforms and sex work, AISSR, University of Amsterdam

Anna Lee
Filmmaker and producer at 2049 Entertainment, a pioneer of VR in adult media

Bea Blue
Filmmaker and director

Alison Boden
Industry veteran, Executive Director of the Free Speech Coalition

Tula Vida
Intimacy and somatics coach

Paulita Pappel
Filmmaker and advocate for sex positivity

YOUR TEACHER

IZABELA BARTYZEL

I founded RedCheeks Academy, where I teach a grounded, ethical approach to intimacy in storytelling, whether it's adult film, mainstream media, or the blurry space in between.

I want intimacy to feel less performed and more human, on screen and off.

I've worked with intimate scenes for more than a decade and prepared hundreds of performers for their shoots. Today I work on film sets as a producer and intimacy coordinator, and I'm also an interviewer and a coach.

> "Intimacy on Screen is really amazing. Izabela's extensive real-world adult production experience is what sets this workshop apart from the others."
>
> Alison Boden, Executive Director, Free Speech Coalition

WHAT'S NEXT

Send an application. Izzy reads every one, and the next step is an informal call to see if the workshop is the right fit for you. Questions: academy@redcheeks.org

REDCHEEKS.ORG/WORKSHOP/APPLY

Cover: still from *Felt*, produced for xoafterglow · directed by Aleks Wojnar · DOP Georg Lewark · performers Jane June and Emanuel